



**Life Force®**

Mailing Address:  
PO Box 6384  
Baulkham Hills Business Centre  
NSW 2153, Australia  
AUS: 1800 888 306  
NZL: 0800 445 967  
ABN # 25 089 051 294

Manufactured by  
Life Force® USA  
www.lifeforce.net  
+858 218 3200

# Body Balance

**Product Name:** Body Balance Singles To Go, 8 individual sticks  
1 stick packet is 5 g. (0.18 oz.) ,

**When you're on the go, powdered Body Balance Singles To Go in your pocket, purse, desk or travel bag.**

### Characteristics:

- Nutritional drink made from nutrients from Land and Sea.
- Natural, vegetarian-sourced, liquid whole-food formulated with SeaNine™, our proprietary blend of nine wild, sustainably harvested sea vegetables; and certified organically grown and processed Aloe vera.
- Cold processed to keep nutrients in their natural state.

- Nutritional powerhouse delivering a broad range of mineral and phytonutrients
- Supports body's core systems
- Promotes wellbeing for the entire family

As the mineral riches of the earth are washed into the oceans and reclaimed by sea vegetation we capture them in our SeaNine blend utilizing all three varieties of red, green, and brown sea vegetables.

To protect the over 75 nutrients and 200 active compounds, including 12 vitamins, 20 minerals, and 18 amino acids found in Aloe vera, our inner leaf fillet is carefully harvested and processed.

ENERGY

WELLBEING

SUPPORT

IMMUNITY

**INGREDIENTS** - Honey Blend (Honey Powder, Maltodextrin), Natural Black Cherry Flavor, Aloe Vera Powder (Inner Leaf), Citric Acid, SeaNine™ Sea Vegetable Blend Powder (Fucus vesiculosus, Chondrus crispus, Ascophyllum nodosum, Laminaria digitata, Porphyra yezoensis, Palmaria palmata, Ulva lactuca, Alaria esculenta, Gigartina chamissoi), Sodium Bicarbonate, Purified Stevia Extract (Leaf), Black Currant Powder (Cassis).

Nutritional Information		
Serving Size	5 g. (0.18 oz.)	
Servings Per Packet	1	
Average Quantity	Per Serving	Per 100 g
Energy	84 kJ	1680 kJ
Protein	0 g	0 g
Total Fat	0 g	0 g
Saturated Fat	0 g	0 g
Trans Fat	0 g	0 g
Total Carbohydrate	4 g	80 g
Sugars	4 g	80 g
Sodium	90 mg	1800 mg
Potassium	10 mg	200 mg
Aloe Polysaccharides	280 mg	5600 mg

**Suggested Use:** Pour one packet into an empty glass and add 4 fl. oz. of water. Mix thoroughly and enjoy. Consume 1 to 2 packets daily. Can be taken on an empty stomach.



- NO ARTIFICIAL COLOURING
- NO ARTIFICIAL FLAVOURING
- NO ARTIFICIAL SWEETENERS
- NO ADDED SUGARS
- EASILY DIGESTIBLE
- GLUTEN FREE

### Storage/shelf life:

Store in a cool dry place.

**Unopened:** Shelf-stable for 24 months when stored at room temperature, sheltered from light and moisture, and product is kept in its original packaging

**Opened:** Each packet is a single serving. Consume immediately upon opening.

Some of the important trace nutrients include:

Vitamins

A  
B1 (thiamine)  
B12(methylcobalamin)  
B2 (riboflavin)  
B3 (niacin)  
B5  
B6  
Biotin

Boron  
Bromine  
Calcium  
Carbon  
Cerium  
Cesium  
Chloride  
Chromium  
Copper

Essential Fatty Acids  
Docosahexanoic  
Acid (Omega-3)  
Eicosapentaenoic  
Acid (Omega-3)  
Linolenic Acid  
(Omega-3)  
Linoleic Acid  
(Omega-6)

Betaines  
Caffeic acid Chlorophyll  
Choline  
Creatinine  
Ferulic acid  
Fucoidan  
Fucoxanthin Galactans  
Gibberellin  
Inositol  
Lutein

C  
D  
E  
Folic Acid K

Dysprosium  
Erbium  
Fluoride  
Gadolinium  
Iodine  
Iron

Anthocyanidins  
Cyanidin  
Delphinidin  
Malvidin  
Pelargonadin  
Peonidin  
Petunidin

Mannitol  
Melatonin  
N-acetylgalactoseamine  
N-acetylglucoseamine  
N-acetylneuroaminic  
Acid  
Phycocyanin  
Phycocerythrin  
Phytosterols  
Salicylic Acid  
Sorbitol  
Uric Acid  
Zeaxanthin

Amino Acids

Alanine  
Arginine  
Aspartic Acid  
Glutamic Acid  
Glycine  
Histidine  
Isoleucine  
Leucine  
Lysine  
Methionine  
Phenylalanine  
Proline  
Serine  
Threonine  
Tyrosine  
Valine

Magnesium  
Manganese  
Molybdenum  
Phosphorus  
Potassium  
Praseodymium  
Rhenium  
Rubidium  
Samarium  
Selenium  
Silicon  
Silver  
Sodium  
Strontium  
Sulfur  
Tantalum  
Thallium  
Titanium

Saccharides  
Arabinose  
B-1,4 Mannans  
Fucose  
Galactose  
Glucose  
Hexans  
Isomaltose  
Kojibiose  
Maltulose  
Mannose  
Polyhexanoses  
Turanose  
Xylose

Minerals

Aluminum  
Antimony  
Barium

Vanadium  
Ytterbium  
Zinc  
Zirconium

Phytochemicals  
Algin  
Antheraxanthins  
Beta Carotene  
Beta Sitosterol

Additional Mineral Results

Gold	Tungsten	Nickel	Gallium
Indium	Yttrium	Niobium	Germanium
Lanthanum	Lead	Arsenic	Palladium
Terbium	Lithium	Bismuth	Ruthenium
Thullium	Lutetium	Cadmium	Scandium
Tin	Neodymium	Cobalt	Tellurium

In addition to the above listed nutrients, Body Balance may also contain even more nutrients. The minerals listed here have been shown to be present in test results from varied Body Balance batches. When present, they are in micro amounts. They do not appear in each batch due to the variance from harvest to harvest.

**Note:\*** This product is not intended to diagnose, treat cure or prevent any disease. If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any new product. Discontinue use if adverse reaction occurs.