



Life Force®

Mailing Address:
PO Box 6384
Baulkham Hills Business Centre
NSW 2153, Australia
AUS: 1800 888 306
NZL: 0800 445 967
ABN # 25 089 051 294

Manufactured by
Life Force® USA
www.lifeforce.net
+858 218 3200

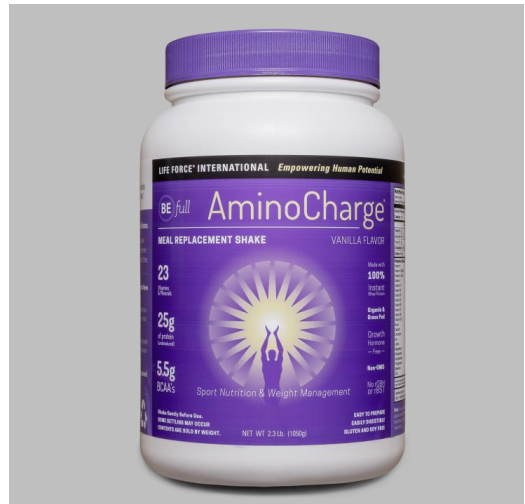
BE full AminoCharge® Shake

Product Name: Be full AminoCharge; High Protein Meal Replacement Shake (1,050 grams)

Characteristics:

We have created this “complete” meal replacement- to help you transform your life by achieving the healthy, fit body you desire.

- Organic and grass fed undenatured whey protein.
- Support muscle recovery and endurance*
- Complete Meal Replacement
- Weight Management support*
- Rich in branched chain amino acid (BCAA)
- Support lean muscle development*
- Reduce cravings*
- Organic prebiotic and probiotics for digestive support*



SPORTS NUTRITION

UNDENATURED PROTEIN

PERFORMANCE

WEIGHT MANAGEMENT

Formulated with the highest quality of organic and grass fed undenatured protein blend combined with organic prebiotic fibre, digestive enzymes, probiotics, antioxidants, vitamins and minerals. Our whey protein is rich in the branched chain amino acid (BCAA) Leucine which is essential in lean muscle development. Whether you want to slim down or lean up, this healthy meal substitute will propel you toward your goal. This delicious meal replacement is packed with essential nutrients needed to help you nourish your body while exercising or dieting.

- GLUTEN FREE
- SOY FREE
- GROWTH & HORMONE FREE
- NO ARTIFICIAL COLOURING
- NO ARTIFICIAL FLAVOURING
- NO ARTIFICIAL SWEETENERS
- NO ADDED SUGARS
- Non-GMO
- EASILY DIGESTIBLE

| Nutrition Information | | | |
|--------------------------------|----------------|----------|---------|
| Serving Size | 2 Scoops (35g) | | |
| Servings Per Container | 30 | | |
| Quantity per | 35g Serving | %DI/RDI† | /100g |
| Energy | 628kJ | 7.2% | 1790kJ |
| Protein | 25g | 50% | 71.4g |
| Fat, Total | 2g | 2.9% | 5.71g |
| Saturated Fat | 1g | 4.2% | 2.86g |
| Carbohydrates | 1.5g | 0.5% | 4.29g |
| Sugars | 1.5g | 1.7% | 4.29g |
| Fibre | 3.5g | 12% | 10g |
| Sodium | 50mg | 2% | 143mg |
| Potassium | 200mg | | 571mg |
| Vitamin C | 15mg | 38% | 42.9mg |
| Vitamin D (500IU) | 12.5mcg | 125% | 35.7mcg |
| Vitamin E (5IU) | 4mg | 40% | 11.4mg |
| Thiamin (Vit B1) | 0.38mg | 35% | 1.09mg |
| Riboflavin (Vit B2) | 0.43mg | 25% | 1.23mg |
| Niacin (Vit B3) | 5mg | 50% | 14.3mg |
| Panthenic acid (Vit B5) | 2.5mg | 50% | 7.14mg |
| Vitamin B6 | 1.25mg | 78% | 3.57mg |
| Biotin (Vit B7) | 6.25mcg | 21% | 17.6mcg |
| Folate (Vit B9) | 50mcg | 25% | 143mcg |
| Vitamin B12 | 3.75mcg | 188% | 10.7mcg |
| Boron | 25mcg | | 71.5mcg |
| Calcium | 350mg | 43.8% | 1000mg |
| Chromium | 50mcg | 25% | 143mcg |
| Iron | 2mg | 16.7% | 5.7mg |
| Iodine | 9mcg | 6% | 25.7mcg |
| Magnesium | 160mg | 40% | 458mg |
| Manganese | 1mg | 20% | 2.86mg |
| Molybdenum | 15mcg | 33% | 42.9mcg |
| Phosphorus | 250mg | 25% | 714mg |
| Selenium | 50mcg | 71.5% | 143mcg |
| Zinc | 2mg | 16.7% | 5.7mg |

INGREDIENTS: Organic and Grass Fed, Instant Whey Protein Concentrates, Organic Acacia Fibre, Organic Vanilla Flavour,***DigeZyme® (Multi-enzyme complex- amylase, neutral protease, lactase and lipase), Organic Stevia leaf Extract and ****LactoWise® (Synbiotic Blend of Fenumannans® and Probiotic Strain Bacillus coagulans spores).

Contains: Whey (derived from Milk).

MINERALS: Magnesium Citrate, Calcium Citrate, Dipotassium Phosphate, Manganese Gluconate, Selenomethionine, Chromium Chloride, Zinc Gluconate, Copper Gluconate, Potassium Iodide, Sodium Borate.

ENERGY BLEND: D-Alpha Tocopherol (Vit E), Cholecalciferol (Vit D3), Ascorbic Acid (Vit C), Acetyl L-Carnitine, 5 HTP (10mg) from Griffonia Seed extract, Niacinamide (Vit B3), Dicalcium Panthotenate (Vit B5), Pyridoxine Hydrochloride (Vit B6), Biotin (Vit B7), Riboflavin (Vit B2), Thiamine Mononitrate(vit B1), Cobalamin (B12), and Folic Acid (Vit B9).

Typical Amino Acid Profile per serving**

| | | | |
|---------------|--------|----------------|--------|
| Alanine | 1225mg | Lysine* | 2326mg |
| Arginine | 679mg | Methionine* | 562mg |
| Aspartic Acid | 2576mg | Phenylalanine* | 769mg |
| Cysteine | 516mg | Proline | 1421mg |
| Glutamic Acid | 4362mg | Serine | 1245mg |
| Glycine | 450mg | Threonine* | 1704mg |
| Histidine* | 436mg | Tryptophan* | 410mg |
| Isoleucine*** | 1406mg | Tyrosine | 714mg |
| Leucine*** | 2650mg | Valine*** | 1432mg |

*Essential Amino Acids ** Branch Chain Amino Acids
**Since Amino Acids are naturally occurring, results may vary.

***DigeZyme® is a registered trademark of Sabinsa Corporation
****Lactowise® is a registered trademark of Sabinsa Corporation

†Percent Daily Intakes are based on an average adult diet of 8,700kJ. Your daily values may be higher or lower depending on your caloric needs.

Suggested Use: Can be taken once or twice a day, depending on your daily caloric and protein needs. Take 1 Serving (2 scoops) 30 minutes before and/or after a workout.

Directions: Shake gently before use. Combine 2 scoops (35g) with 1 Cup (240mL) of chilled water, or with your favorite beverage or 1% low-fat milk. Thoroughly mix or blend, for 20-30 seconds in a shaker or blender. For maximum benefits, consume within 30 minutes of mixing.



“Lactowise® and DigeZyme®” are registered trademarks of Sabinsa Corporation.

Storage/shelf life:
Store in a cool dry place. DO NOT REFRIGERATE.
Unopened: Shelf stable for 18 months when stored in a cool, dry place, and product is kept in its original packaging.
Opened: Consume within 60 days after opening

Maximum Daily Intake: Limit to 2 servings per day. Not to be a sole source of Calories in your daily diet. Use with a healthy diet and exercise program.

Note: * This product is not intended to diagnose, treat cure or prevent any disease. If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any new product. Discontinue use if adverse reaction occurs.