



**Life Force®**

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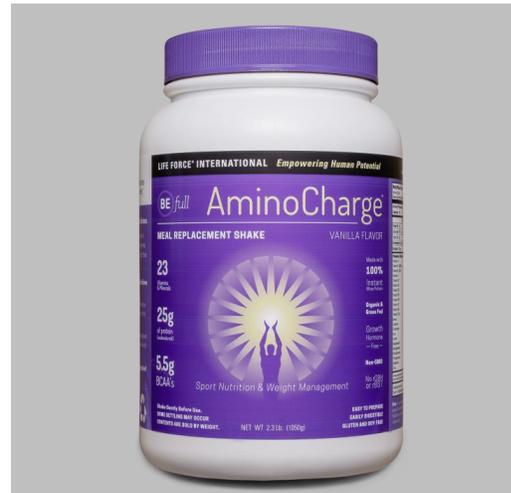
# BE full AminoCharge® Shake

**Product Name:** Be full AminoCharge; High Protein Meal Replacement Shake (1,050 grams)

**Characteristics:**

We have created this “complete” meal replacement- to help you transform your life by achieving the healthy, fit body you desire.

- Organic and grass fed undenatured whey protein
- Assists in supporting muscle recovery and endurance
- Complete Meal Replacement
- Assists in weight management
- Rich in branched chain amino acid (BCAA)
- Assists in supporting lean muscle development
- Organic prebiotic and probiotics to assist digestive support



SPORTS NUTRITION

UNDENATURED PROTEIN

PERFORMANCE

WEIGHT MANAGEMENT

Formulated with the highest quality of organic and grass fed undenatured protein blend combined with organic prebiotic fibre, digestive enzymes, probiotics, antioxidants, vitamins and minerals. Our whey protein is rich in the branched chain amino acid (BCAA) Leucine which is essential in lean muscle development. Whether you want to slim down or lean up, this healthy meal substitute can assist you towards your goal. This delicious meal replacement is packed with essential nutrients needed to help you nourish your body while exercising or dieting.

- GLUTEN FREE
- SOY FREE
- GROWTH & HORMONE FREE
- NO ARTIFICIAL COLOURING
- NO ARTIFICIAL FLAVOURING
- NO ARTIFICIAL SWEETENERS
- NO ADDED SUGARS
- Non-GMO
- EASILY DIGESTIBLE

**Suggested Use:** Can be taken once or twice a day, depending on your daily caloric and protein needs. Take 1 Serving (2 scoops) 30 minutes before and/or after a workout.

**Directions:** Shake gently before use. Combine 2 scoops (35g) with 1 Cup (240mL) of chilled water, or with your favorite beverage or 1% low-fat milk. Thoroughly mix or blend, for 20-30 seconds in a shaker or blender. For maximum benefits, consume within 30 minutes of mixing.

Nutrition Information			
Serving Size	2 Scoops (35g)		
Servings Per Container	30		
Quantity per	35g Serving	%DI/RDI†	/100g
<b>Energy</b>	628kJ	7.2%	1790kJ
<b>Protein</b>	25g	50%	71.4g
<b>Fat, Total</b>	2g	2.9%	5.71g
Saturated Fat	1g	4.2%	2.86g
<b>Carbohydrates</b>	1.5g	0.5%	4.29g
Sugars	1.5g	1.7%	4.29g
<b>Fibre</b>	3.5g	12%	10g
<b>Sodium</b>	50mg	2%	143mg
<b>Potassium</b>	200mg		571mg
<b>Vitamin C</b>	15mg	38%	42.9mg
<b>Vitamin D (500IU)</b>	12.5mcg	125%	35.7mcg
<b>Vitamin E (5IU)</b>	4mg	40%	11.4mg
<b>Thiamin (Vit B1)</b>	0.38mg	35%	1.09mg
<b>Riboflavin (Vit B2)</b>	0.43mg	25%	1.23mg
<b>Niacin (Vit B3)</b>	5mg	50%	14.3mg
<b>Panthenic acid (Vit B5)</b>	2.5mg	50%	7.14mg
<b>Vitamin B6</b>	1.25mg	78%	3.57mg
<b>Biotin (Vit B7)</b>	6.25mcg	21%	17.6mcg
<b>Folate (Vit B9)</b>	50mcg	25%	143mcg
<b>Vitamin B12</b>	3.75mcg	188%	10.7mcg
<b>Boron</b>	25mcg		71.5mcg
<b>Calcium</b>	350mg	43.8%	1000mg
<b>Chromium</b>	50mcg	25%	143mcg
<b>Iron</b>	2mg	16.7%	5.7mg
<b>Iodine</b>	9mcg	6%	25.7mcg
<b>Magnesium</b>	160mg	40%	458mg
<b>Manganese</b>	1mg	20%	2.86mg
<b>Molybdenum</b>	15mcg	33%	42.9mcg
<b>Phosphorus</b>	250mg	25%	714mg
<b>Selenium</b>	50mcg	71.5%	143mcg
<b>Zinc</b>	2mg	16.7%	5.7mg

†Percent Daily Intakes are based on an average adult diet of 8,700kJ. Your daily values may be higher or lower depending on your caloric needs.

**INGREDIENTS:** Organic and Grass Fed, Instant Whey Protein Concentrates, Organic Acacia Fibre, Organic Vanilla Flavour,\*\*\*DigeZyme® (Multi-enzyme complex- amylase, neutral protease, lactase and lipase), Organic Stevia leaf Extract and \*\*\*\*LactoWise® (Synbiotic Blend of Fenumannans® and Probiotic Strain Bacillus coagulans spores).

**Contains:** Whey (derived from Milk).

**MINERALS:** Magnesium Citrate, Calcium Citrate, Dipotassium Phosphate, Manganese Gluconate, Selenomethionine, Chromium Chloride, Zinc Gluconate, Copper Gluconate, Potassium Iodide, Sodium Borate.

**ENERGY BLEND:** D-Alpha Tocopherol (Vit E), Cholecalciferol (Vit D3), Ascorbic Acid (Vit C), Acetyl L-Carnitine, 5 HTP (10mg) from Griffonia Seed extract, Niacinamide (Vit B3), Dicalcium Panthotenate (Vit B5), Pyridoxine Hydrochloride (Vit B6), Biotin (Vit B7), Riboflavin (Vit B2), Thiamine Mononitrate(vit B1), Cobalamin (B12), and Folic Acid (Vit B9).

**Typical Amino Acid Profile per serving\*\***

Alanine	1225mg	Lysine*	2326mg
Arginine	679mg	Methionine*	562mg
Aspartic Acid	2576mg	Phenylalanine*	769mg
Cysteine	516mg	Proline	1421mg
Glutamic Acid	4362mg	Serine	1245mg
Glycine	450mg	Threonine*	1704mg
Histidine*	436mg	Tryptophan*	410mg
Isoleucine***	1406mg	Tyrosine	714mg
Leucine***	2650mg	Valine***	1432mg

\*Essential Amino Acids      \*\* Branch Chain Amino Acids  
\*\*Since Amino Acids are naturally occurring, results may vary.

\*\*\*DigeZyme® is a registered trademark of Sabinsa Corporation

\*\*\*\*Lactowise® is a registered trademark of Sabinsa Corporation



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**Storage/shelf life:**

Store in a cool dry place. DO NOT REFRIGERATE.

**Unopened:** Shelf stable for 18 months when stored in a cool, dry place, and product is kept in its original packaging.

**Opened:** Consume within 60 days after opening

**Maximum Daily Intake: Limit to 2 servings per day. Not to be a sole source of Calories in your daily diet. Use with a healthy diet and exercise program.**

**Note:\*** This product is not intended to diagnose, treat cure or prevent any disease. If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any new product. Discontinue use if adverse reaction occurs.