



Life Force®

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Intestinal Fibre Plus

Product Name: Intestinal Fibre Plus **100% Organic Gentle Fibre** (180 grams)

Characteristics:

Contains organic prebiotics and probiotics
Excellent source of organic fibre blend

Designed to support and promote:

- ☞ Digestive health
- ☞ Regularity Support
- ☞ Can assist in lowering LDL cholesterol

DETOX

DIGESTIVE HEALTH

WEIGHT MANAGEMENT

COLON CLEANSE

Our Intestinal Tone is an excellent source of organic fiber blend, containing prebiotic fiber and organic finely ground psyllium.

One (6g) Serving Delivers: 5 grams of Organic Prebiotic Fiber and 1 gram of Organic Psyllium Husk Powder (Husk/Seed).

This organic fiber blend also contains a symbiotic blend of a shelf stable *Bacillus coagulans* and *Lactobacillus sporogenes* – producing only desirable L (+) lactic acid bacteria and soluble fenugreek galacto mannans.

Large intestine contains trillions of bacteria, and much of it is important for good digestive health.

- Probiotics are a type of “good” bacteria that can be consumed to improve the balance between good and bad bacteria in the large intestine.
- Prebiotics are a food for this “good” bacteria in the gut. Adding prebiotic fiber to our diet can help the “good bacteria” flourish.

These beneficial bacteria help us digest food and absorb nutrients.

When good and bad bacteria are in balance, we are less likely to experience gastrointestinal issues, such as Irritable Bowel Syndrome (IBS), Inflammatory Bowel disease (IBD), Celiac disease, etc.

Perfect product addition to Weight Management and Colon Cleanse Programs

The human Body needs fiber, an important nutrient that is often lacking in our daily diet. Fiber is classified into two major groups: soluble and insoluble fiber. Insoluble fiber supports bowel movements while soluble fiber shown to be beneficial in lowering LDL (bad) cholesterol.

Eating a fiber-rich diet helps the body to obtain proper fill of nutrients, so we feel fuller longer. Thus, fiber should become an essential part of our weight management and our wellness routine.



- NO ARTIFICIAL COLOURING
- NO ARTIFICIAL FLAVOURING
- NO ARTIFICIAL SWEETENERS
- NO ADDED SUGARS
- EASILY DIGESTIBLE



“LactoWise® is a registered trademark of Sabinsa Corporation”.

Storage/shelf life:

Store in a cool dry place. DO NOT REFRIGERATE.

Unopened: Shelf stable for 24 months when stored in a cool, dry place, and product is kept in its original packaging.

Opened: Consume within 60 days of opening.

Suggested Use: Shake gently before use. Mix 2 rounded teaspoons in 6 ounces of water or a liquid of your choice, once daily. Stir briskly and consume within 10 minutes. **NOTE:** Use with a healthy diet and exercise program.

Servings per Container: 30

Nutrition Information			
Serving Size	6g		
Servings Per Container	30		
Quantity per	6g Serving	%DI/RDI	/100g
Energy	84 kJ	0,96%	1400 kJ
Protein	2 g	4%	30 g
Fat, Total	0 g	—	< 1 g
Saturated Fat	0 g	—	< 1 g
Carbohydrate	1 g	—	3 g
Sugars	0 g	—	< 1 g
Fibre	3 g	10%	50 g
Sodium	30 mg	1,30%	500 mg
Potassium	130 mg	—	2170 mg
Vitamin A	600 mcgRE	80%	10000 mcgRE
Vitamin C	20 mg	50%	330 mg
Thiamin (Vit B1)	2 mg	180%	30 mg
Iron	4 mg	33%	67 mg

*Percentage Daily Intakes are based on an average adult diet of 8700 kJ.
Your daily intakes may be higher or lower depending on your energy needs.

Ingredients: Organic Prebiotic fiber (from Organic Acacia gum), Organic Psyllium Husk, Organic Carrot Juice Powder, and LactoWise® (Synbiotic Blend of Fenumannans® from Fenugreek seeds (Trigonella foenum graecum) and Probiotic Strain Bacillus coagulans spores).

Note:* This product is not intended to diagnose, treat cure or prevent any disease. If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any new product. Discontinue use if adverse reaction occurs.