



Life Force®

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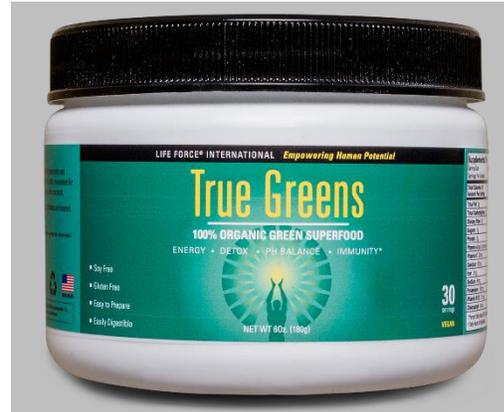
TrueGreens

Product Name: True Greens - **100% Organic Green Superfood** (180 grams)

Characteristics:

Concentrated blend made from green plant food
100% organic blend

- ☞ A great cleanser and detoxifier
- ☞ Supports healthy flora and aid assists in digestion
- ☞ Supplements your diet with vitamins, minerals, fibre, proteins and valuable photonutrients.



ENERGY

DETOX

pH BALANCE

IMMUNITY

True Greens is a concentrated blend made from green plant foods that is packed with a wide spectrum of naturally occurring micro nutrients that support optimum health.

This 100% organic blend is rich in vitamin A, B vitamins, chlorophyll and other valuable phytonutrients that help to support healthy blood sugar levels, a healthy immune system and maintain a natural pH balance.

Each ingredient is grown, harvested and certified Organic to meet our high-quality standards.

Each serving of this “Salad Bar in a Jar™” is an abundant source of naturally occurring vitamins, minerals and enzymes that our bodies desperately need every day.

** **DigeZyme®** a multi-enzyme complex; consists of gluten free and GMO-free broad acting enzymes, including amylase, lactase, cellulase, lipase and protease. These enzymes help break down lactose, carbohydrates, cellulosic fibers, fats and proteins. Additionally, these groups of enzymes are resistant to the action of gastric juices, while retaining their digestive activity.

*****LactoWise®** is a symbiotic blend of a shelf stable probiotic Bacillus coagulans and Lactobacillus sporogenes –producing only desirable L (+) lactic acid bacteria and soluble fenugreek galactomannans.

- NO ARTIFICIAL COLOURING
- NO ARTIFICIAL FLAVOURING
- NO ARTIFICIAL SWEETENERS
- NO ADDED SUGARS
- EASILY DIGESTIBLE



“LactoWise® is a registered trademark of Sabinsa Corporation”.



Storage/shelf life:

Store in a cool dry place. DO NOT REFRIGERATE.

Unopened: Shelf stable for 24 months when stored in a cool, dry place, and product is kept in its original packaging.

Opened: Consume within 60 days of opening

INGREDIENTS - Organic Power Grass: Organic Wheat grass, Organic Alfalfa grass, Organic Barley grass, Organic Oat grass, Organic Lemon grass.

Organic Power Greens: Organic Kale, Organic Spirulina, Organic Spinach, Organic Alfalfa Leaf, Organic Kelp, Organic Astragalus, Organic Chlorella, Organic Dulse Leaf, Organic Orange Peel, Organic Beet Root, Organic Dandelion leaf, Organic Lemon peel, Organic Ginkgo leaf and Organic Stevia leaf extract.

Organic Power Juice concentrates: Organic Wheat Grass Juice, Organic Alfalfa Juice, Organic Barley Grass Juice, Organic Carrot Juice, Organic Sea Buckthorn Juice and Organic Noni Fruit Juice.

Other: Organic Acacia fiber, Multi-enzyme complex **DigeZyme®, ***LactoWise® (Synbiotic Blend of Fenumannans® from seeds (Trigonella foenum graecum) and Probiotic Strain Bacillus coagulans spores).

Suggested Use: Shake gently before use. Mix 2 rounded teaspoons in 6 ounces of water or a liquid of your choice, once daily. Stir briskly and consume within 10 minutes. NOTE: Use with a healthy diet and exercise program.

Servings per Container: 30

Nutrition Information			
Serving Size	6g		
Servings Per Container	30		
Quantity per	6g Serving	%DI/RDI	/100g
Energy	84 kJ	0.96%	1400 kJ
Protein	2 g	4%	30 g
Fat, Total	0 g	—	< 1 g
Saturated Fat	0 g	—	< 1 g
Carbohydrate	1 g	—	3 g
Sugars	0 g	—	< 1 g
Fibre	3 g	10%	50 g
Sodium	30 mg	1.30%	500 mg
Potassium	130 mg	—	2170 mg
Vitamin A	600 mcgRE	80%	10000 mcgRE
Vitamin C	20 mg	50%	330 mg
Thiamin (Vit B1)	2 mg	180%	30 mg
Iron	4 mg	33%	67 mg

*Percentage Daily Intakes are based on an average adult diet of 8700 kJ.
Your daily intakes may be higher or lower depending on your energy needs.

Note:* This product is not intended to diagnose, treat cure or prevent any disease. If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any new product. Discontinue use if adverse reaction occurs.