



Life Force®

Local Mailing Address:
PO Box 6384
Baulkham Hills Business Centre
NSW 2153, Australia
1800 888 306
ABN # 25 089 051 294

Manufactured by Life Force®
Poway, CA 92064, USA
(800) 531-4877
www.lifeforce.net

Body Balance®

Product Name: Body Balance, 960 mL (32 fl. oz.)

Item No: AUS1, single bottle. Additional quantities available.

Certified by: Kosher (KSA)

Characteristics: This natural, vegetarian-source liquid nutrition formula features health-supporting nutrients from the best of land and sea. Body Balance is a whole-food, liquid nutrition supplement, formulated with SeaNine™, our proprietary blend of nine wild, sustainably harvested sea vegetables; and certified organically grown and processed Aloe vera. It is designed to be a daily foundational support for increased energy and overall well being.

- Provides over 120 naturally occurring nutrients useful for optimal health, including vitamins, minerals, trace minerals, amino acids, essential fatty acids and enzymes, in synergy with a broad spectrum of phytonutrients (plant nutrients).
- Cold processed to keep nutrients in their natural state in the balance and proportion that nature intended.
- Good for all people over the age of one. Body Balance contains honey which is not safe for infants under one year of age.

Colour: Dark brown

Flavour/Taste: Black cherry flavour, taste may vary seasonally

Texture: Liquid

Recommended Daily Intake: 120 mL (4 fl. oz.) up to 240 mL (8 fl. oz.)

Storage/shelf life:

- **Unopened:** shelf-stable for 18 months when stored at room temperature, sheltered from light and moisture, and product is kept in its original packaging.
- **Opened:** for the best benefits, use within 40 days. Refrigerate after opening at 5 C (41 F).

Allergens: none, gluten-free, no sulfites

Contains no added synthetic vitamins, minerals or caffeine.

Ingredients: Aloe Vera Juice (Inner Leaf), Honey, SeaNine™ Sea Vegetable Blend (Fucus vesiculosus, Chondrus crispus, Ascophyllum nodosum, Laminaria digitata, Porphyra yezoensis, Palmaria palmata, Ulva lactuca, Alaria esculenta, Gigartina chamissoi), Natural Black Cherry Flavour, Citric Acid, Potassium Benzoate, Potassium Sorbate (to preserve freshness), and Steviol Glycosides (calculated as steviol equivalents).

General: All Life Force International products are manufactured following cGMPs in compliance with the US Food and Drug Administration's cGMP Regulations (21 CFR 111).





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Some of the important trace nutrients include:

Nutritional Information		
Servings Per Package		8
Serving Size		120 mL
Average Quantity	Per Serving	Per 100 mL
Energy	84 kJ	70 kJ
Protein	0 g	0 g
Fat - Total	0 g	0 g
- Saturated Fat	0 g	0 g
- Trans Fat	0 g	0 g
Total Carbohydrate	4 g	3 g
- Sugars	4 g	3 g
Sodium	20 mg	15 mg
Potassium	80 mg	70 mg
Aloe Polysaccharides	280 mg	230 mg



Vitamins

A
 B1 (thiamine)
 B12 (methylcobalamin)
 B2 (riboflavin)
 B3 (niacin)
 B5
 B6
 Biotin
 C
 D
 E
 Folic Acid
 K

Amino Acids

Alanine
 Arginine
 Aspartic Acid
 Glutamic Acid
 Glycine
 Histidine
 Isoleucine
 Leucine
 Lysine
 Methionine
 Phenylalanine
 Proline
 Serine
 Threonine
 Tyrosine
 Valine

Minerals

Aluminum
 Antimony
 Barium

Boron
 Bromine
 Calcium
 Carbon
 Cerium
 Cesium
 Chloride
 Chromium
 Copper
 Dysprosium
 Erbium
 Fluoride
 Gadolinium
 Iodine
 Iron
 Magnesium
 Manganese
 Molybdenum
 Phosphorus
 Potassium
 Praseodymium
 Rhenium
 Rubidium
 Samarium
 Selenium
 Silicon
 Silver
 Sodium
 Strontium
 Sulfur
 Tantalum
 Thallium
 Titanium
 Vanadium
 Ytterbium
 Zinc
 Zirconium

Essential Fatty Acids
 Docosahexanoic Acid (Omega-3)
 Eicosapentaenoic Acid (Omega-3)
 Linolenic Acid (Omega-3)
 Linoleic Acid (Omega-6)

Anthocyanidins

Cyanidin
 Delphinidin
 Malvidin
 Pelargonadin
 Peonidin
 Petunidin

Saccharides

Arabinose
 B-1,4 Mannans
 Fucose
 Galactose
 Glucose
 Hexans
 Isomaltose
 Kojibiose
 Maltulose
 Mannose
 Polyhexanoses
 Turanose
 Xylose

Phytochemicals

Algin
 Antheraxanthins
 Beta Carotene
 Beta Sitosterol

Betaines
 Caffeic acid
 Chlorophyll
 Choline
 Creatinine
 Ferulic acid
 Fucoidan
 Fucoxanthin
 Galactans
 Gibberellin
 Inositol
 Lutein
 Mannitol
 Melatonin
 N-acetylgalactoseamine
 N-acetylglucosamine
 N-acetylneuroaminic Acid
 Phycocyanin
 Phycoerythrin
 Phytosterols
 Salicylic Acid
 Sorbitol
 Uric Acid
 Zeaxanthin

Additional Mineral Results

Gold	Tungsten	Nickel	Gallium
Indium	Yttrium	Niobium	Germanium
Lanthanum	Lead	Arsenic	Palladium
Terbium	Lithium	Bismuth	Ruthenium
Thullium	Lutetium	Cadmium	Scandium
Tin	Neodymium	Cobalt	Tellurium

In addition to the above listed nutrients, Body Balance may also contain even more nutrients. The minerals listed here have been shown to be present in test results from varied Body Balance batches. When present, they are in micro amounts. They do not appear in each batch due to the variance from harvest to harvest.